

2009 Glen McCormick Memorial Diving Invitational

- Where: Belmont Plaza Olympic Pool – Site of the 1968 Olympic Trials
4000 Olympic Plaza Long Beach, CA 90803 562-570-1806
- When: November 13th-15th (13th evening start)
- Meet Dir. Charly Collins: 310-809-6290 Email: drno5150@netscape.net
- Equipment: 2 Maxiflex Model “b” boards on concrete stands – 1 Meter
2 Maxiflex Model “b” boards on concrete stands - 3 Meter
Platforms at 5, 6 ½ and 10 meters
- Rules: *This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.* Current AAU/FINA rules will govern the JO events.
Novice: Will be governed by “old” USD Novice rules (not Future Champions)
Open: 5 dives Women; 6 dives Men – No DD limit
Masters: Either board can be used – Any 6 dives Women and Men
(Time permitting **Best Trick Contest** – 1 trick Springboard, 1 trick 10M)
All participants must have a current AAU membership. (2009-2010)
- Entries: All entries are online at www.divemeets.com. Late entries will be accepted but will carry a \$30 late fee PER EVENT. **No entries or dive changes will be allowed less than 1 hour before the start of the event. AAU membership may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.**
- Awards: Top 12 divers per event will receive awards. 1-6th place medals; 7-12th ribbons.
- Practice: Thursday 4-7pm, Friday 4:00-5:45pm (Event starts at 6pm with possibly more practice time in the morning hours), Saturday and Sunday Open from 6am-7:20am (then closed to first event, 45 min) Meet starts at 8am Saturday and Sunday. ***If more time becomes available, we will make every effort to notify you.***
- Events
- Friday**
Event 1 Novice 9u,7u B 3m Novice 9u, 7u, G 1-m
Event 2 Novice Tower 9&U, 11&U, 13&U B/G Novice 14+ G 1m Novice 14+B 3m
- Saturday**
Event 3 JO 12-13 B 1m, 12-13 G 3m
Event 4 JO Tower 13u, 11u, 9u
Event 5 JO 11u, 9u, B 3m JO 11u, 9u, G 1m
Event 6 JO 14-15 G 1m, 16-18 B 3m, Open B 3m
Event 7 JO 14-15 B 1m, 16-18 G 3m, Open G 3m
Event 8 Novice 9u, 7u B 1m Novice 9u, 7u, G 3m
Event 9 Novice 13u, 11u B 3m Novice 13u, 11u G 1m
Event 10 Novice 14+ B 1m Novice 14+ G 3m
- Sunday**
Event 11 Novice 13u, 11u B 1m Novice 13u, 11u, G 3m
Event 12 JO 12-13 B 3m, JO 12-13 G 1m
Event 13 JO Towers 14-15, 16-18, Open B/G Masters Event
Event 14 JO 11u, 9u B 1m JO 11u, 9u G 3m
Event 15 JO 14-15 G 3m JO 16-18 G 1m Open G 1m
Event 16 JO 14-15 B 3m JO 16-18 B 1m Open B 1m

We may offer more events and/or combine some age-groups to accommodate for time. Please check our website www.mccormickdivers.com and www.divemeets.com for any announcement of time changes.

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Hotels Accommodations

(Please also check www.mccormickdivers.com for further accommodations)

The Pacific Inn
600 Marina Dr
Seal Beach, CA 90740
562-493-7501 866-466-0300
www.pacificinn-sb.com

The Pacific Inn is located in the quaint European style village of Seal Beach and boasts 71 beautifully appointed & recently renovated guest rooms with private balconies. We are just over 2 miles from Belmont Plaza Olympic Pool and only 2 blocks from the beach. Guests can enjoy our complimentary hot or continental breakfast, exercise room, pool and spa. They offer a shuttle within a 5 mile radius of the pool. Their rates are \$119 plus tax. Just mention McCormick Divers.

GuestHouse International Hotel
5325 East Pacific Coast Highway
Long Beach, CA 90804
562-597-1341/800-990-9991
www.questhouselb.com

Our 142 spacious rooms are stylishly decorated and feature in-room coffee makers, refrigerators, a work-desk with data ports and all the conveniences of home to accommodate leisure and business travelers. We offer a complimentary continental breakfast served every morning in the lobby. We are located on Pacific Coast Highway just minutes from Belmont Plaza Olympic Pool. Group rates are \$83.00 plus 12% tax. They also have a free shuttle within a 5 mile radius including LB airport.

Queen Mary

www.queenmary.com

The hotel's 314 original staterooms span three decks and include eight full suites. Each cabin is uniquely appointed, and embellishments vary to include rich wood paneling; Art Deco built-ins; original artwork; and, portholes for outside cabins. The hotel offers a business center, and for those who wish to enjoy some fresh ocean air and exercise, four times around the Sun Deck equals one mile!

Marriott Courtyard
(Corner of Atlantic and Ocean in Downtown)
www.marriott.com